



REPUBLIC OF IRELAND TAEKWON-DO ASSOCIATION TOURNAMENT RULES 2007



PART A

Introduction

These rules are generally based on the tournament rules of the International Taekwon-Do Federation (ITF). However there are some amendments as RITA tournaments deal with colour belt competitors which the ITF rules do not allow for. The purpose of these rules is to ensure fairness to all competitors. The amendments are outlined in part A of this document while the tournament rules of the ITF are outlined in part B. In the event of a contradiction between part A and B then the rules outlined in part A will hold.

Tournament Details

- The tournament is open to all ITF members from 9th Kup white belt to 4th Degree Black Belt.
- 9th Kup members eligible to compete in Patterns division only.
- Power test only for members aged 18 years or over
- Special Technique only for Junior Colour Belt competitors
- White Dobok must be worn by all competitors.

- 'Junior' refers to any competitor up to and including the age of 17 on the date of competition.
- 'Senior' refers to any competitor aged 18 or over on the date of competition.

- **Sparring:**
- Mouth Guards are compulsory for all competitors for sparring
- Groin guards compulsory for all male competitors. (must be worn INSIDE the dobok)
- Approved hand and foot pads compulsory for all competitors. (Red or Blue)
- Competitors may, optionally, wear the following:
 - i.) Shin protectors.
 - ii.) Breast protectors (must be worn INSIDE the dobok jacket) (female only).
 - iii.) Head guard (Juniors only)

- **Patterns:**
- Patterns competition will be in the form of a pyramid system using ITF scoring procedure.
- The competitor must perform the belt colour pattern. i.e. in the Green Belt section the competitor must perform Won Hyo etc.
- Black Belts must perform 1 optional and 1 designated pattern. Optional Pattern must be from their current degree.

COLOUR BELT DIVISIONS

A. Patterns Sections

- **1st, 2nd and 2 X 3rd Place.**
- **Sections may be combined if numbers are insufficient.**

Competition will be in the form of Pyramid system. Competitors will be asked to perform one pattern i.e. pattern of their choice relevant to their section as outlined below. In the event of a draw, competitors may be asked to perform another pattern.

1. 9 th Kups Junior (u 18)	Chon-Ji Tul
2. 9 th Kups Adult (18 +)	Chon-Ji Tul
3. Yellow Belt up to 11yrs	Dan-Gun Tul
4. Yellow Belt 12 – 17 yrs	Dan-Gun Tul
5. Yellow Belt 18 yrs and above	Dan-Gun Tul
6. Green Belt up to 11yrs	Won-Hyo Tul
7. Green Belt 12 – 17 yrs	Won-Hyo Tul
8. Green Belt 18 yrs and above	Won-Hyo Tul
9. Blue Belt up to 11yrs	Joong-Gun Tul
10. Blue Belt 12 – 17 yrs	Joong-Gun Tul
11. Blue Belt 18 yrs and above	Joong-Gun Tul
12. Red Belt up to 11yrs	Hwa-Rang Tul
13. Red Belt 12 – 17 yrs	Hwa-Rang Tul
14. Red Belt 18 yrs and above	Hwa-Rang Tul

B. Sparring Sections

- **Junior Sparring – All bouts (incl. Finals) will be 1 X 1.5 minute rounds.**
- **Senior Sparring – All bouts (incl. Finals) will be 1 X 2 minute rounds.**
- **1st, 2nd and 2 X 3rd Place.**
- **Senior Light indicates up to 75kg for males and 60kg for females**
- **Senior Heavy indicates 75kg above for males and 61kg above for females**
- **Sections may be combined if numbers are insufficient.**

1. Male Yellow & Green Belt Up to 8 Yrs
2. Male Yellow & Green Belt 9 – 11yrs
3. Male Yellow & Green Belt 12 – 14yrs
4. Male Yellow & Green Belt 15 – 17yrs
5. Male Yellow & Green Belt 18 yrs + (Light)
6. Male Yellow & Green Belt 18 yrs + (Heavy)
7. Female Yellow & Green Belt Up to 8 Yrs
8. Female Yellow & Green Belt 9 – 11yrs
9. Female Yellow & Green Belt 12 – 14yrs
10. Female Yellow & Green Belt 15 – 17yrs
11. Female Yellow & Green Belt 18 yrs + (Light)
12. Female Yellow & Green Belt 18 yrs + (Heavy)
13. Male Blue & Red Belt Up to 8 Yrs
14. Male Blue & Red Belt 9 – 11yrs
15. Male Blue & Red Belt 12 – 14yrs
16. Male Blue & Red Belt 15 – 17yrs
17. Male Blue & Red Belt 18 yrs + (Light)
18. Male Blue & Red Belt 18 yrs + (Heavy)
19. Female Blue & Red Belt Up to 8 Yrs
20. Female Blue & Red Belt 9 – 11yrs
21. Female Blue & Red Belt 12 – 14yrs
22. Female Blue & Red Belt 15 – 17yrs
23. Female Blue & Red Belt 18 yrs + (Light)
24. Female Blue & Red Belt 18 yrs + (Heavy)

C. Power / Special Technique Sections

• **Special Technique sections for Junior Colour Belts are as follows:**

- | | |
|--|-----------------------|
| 1. Up to 11 yrs Male & Female (all colour belts) | Twimyo Nomo Yop Chagi |
| 2. 12 - 14 yrs Male & Female (all colour belts) | Twimyo Nomo Yop Chagi |
| 3. 15 – 17 yrs Male & Female (all colour belts) | Twimyo Nopi Ap Chagi |

• **Power sections for Senior Colour Belts are as follows:**

1. Senior Male Green Belt Power
2. Senior Male Blue Belt Power
3. Senior Male Red Belt Power
4. Senior Female Power (Green, Blue, Red)

- **Focus Boards will be used for the Power Sections.**
- **Male Power (2 white boards for hand and foot) Female Power (1 white board for hand and foot)**
- **ITF Procedure as regards measuring, ready position, etc must be followed.**
- **1st Place Only (overall hand and foot combined for each category)**
- **Each competitor will perform the techniques designated for their grade and will accumulate points accordingly. 3 Points for a break and 1 point if the board is bent.**

Grade	Male Red	Male Blue	Male Green		Female
HAND					
Reverse Knifehand	X				
Punch	X	X			
Knifehand		X	X		X
Elbow			X		X
FOOT					
Spot Jumping Side Piercing Kick	X				
Reverse Turning Kick	X	X			
Turning Kick		X	X		X
Side Piercing Kick			X		X

BLACK BELT DIVISIONS

A. Patterns Sections

Competitors will be required to perform 2 patterns, one optional and one designated.

Optional Pattern will be any pattern from their Dan Patterns.

Designated Pattern will be any pattern from Chon-Ji up to and including their Dan Patterns.

- **1st, 2nd and 2 X 3rd Place.**
 1. Under 18 Yrs I, II, III Degree (Male & Female)
 2. 18 Yrs and over I & II Degree (Male & Female)
 3. 18 Yrs and over III & IV Degree (Male & Female)

B. Sparring Sections

- **Junior Sparring – All bouts will be 1 X 1.5 minute rounds. 2 for Final**
- **Senior Sparring – All bouts will be 1 X 2 minute rounds. 2 for Final**
- **1st, 2nd and 2 X 3rd Place.**
 1. Female up to 17 Yrs
 2. Male up to 17 Yrs
 3. Male 18 Yrs and over (Light)
 4. Male 18 Yrs and over (Heavy)
 5. Female 18 Yrs and over

C. Power / Special Technique Sections

- **Focus Boards will be used for the Power Sections in the individual tournament.**
- **3 Point awarded for a clean break, 1 point for a bent board.**
- **ITF Procedure as regards measuring, ready position, etc must be strictly followed.**
- **Both Junior & Senior and Male & Female will compete in Special Technique.**
- **1st Place Only**
- **Male Power (3 boards for foot, 2 for hand; Female Power 2 boards for foot, 1 for hand.)**

Male Power Punch, Knifehand , Side Piercing Kick, Turning Kick, Reverse Turning Kick.

Female Power Knifehand, Front Elbow, Side Piercing Kick, Turning Kick, 180° Side Kick

Special Technique (a) Twimyo nopi apcha busigi (b) Twimyo dollyo chagi (c) Twimyo bandae dollyo chagi
(d) Twimyo 360 yopca jirugi (e) Twiyo nomo chagi

PART B
TOURNAMENT RULES
INTERNATIONAL TAEKWON-DO FEDERATION
Amended by AETF Umpire Committee
31st October 2005

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SECTION 1-GENERAL

Article 1. Definition

Taekwon-Do competition is the course for comparing the techniques as taught by Taekwon- Do's founder, Gen. Choi Hong Hi.

Article 2. Purpose

The purpose of the competition is to ensure the uniformity of techniques, to elevate Competition standards to a high level in all Championships organized/encouraged by ITF.

Article 3. Application

The Tournament Rules shall apply in all Competitions organized/encouraged by ITF, be they Continental, Regional and National.

Article 4. Modifications and Changes

- 1 Those who wish to modify or change any part of the Tournament Rules should forward their written proposals of modification or changes of the relevant Tournament Rules to the ITF HQ at least 6 months before the ITF Congress.
- 2 ITF Executive Committee will study the proposed modification or changes. If they find them to be reasonable, they will propose them to the ITF Congress for approval.
- 3 Until any modification or changes the Tournament Rules have been decided, all Competitions shall be conducted according to the original ITF Tournament Rules.

SECTION 2 - TOURNAMENT ORGANIZING COMMITTEE

Article 5.

The Tournament Organizing Committee should be formed in the Championship-hosting country for the successful Championship at least 12 months before the Championship.

Article 6.

The T.O.C. shall be formed with the necessary numbers of officials in conformity with the actual situation of a hosting country.

Article 7 Authority and Duties of T.O.C.

7.1 The T.O.C. shall send their draft invitation and information for the Championship to the ITF HQ for its approval at least 12 months before the Championship and distribute to all ITF NGBs/teams.

7.2 The T.O.C. shall arrange for all facilities, equipment and manpower necessary for the Championship.

7.3 The T.O.C. is responsible for the arrangement of medals and other awards.

7.4 The T.O.C. shall receive and register the teams and individual competitors invited to the Championship.

7.5 The T.O.C. shall hold draws and weighing-ins according to the respective mode of competition.

7.6 The T.O.C. shall bring together to-date tournament results and draw up the competition tables for the next day to distribute to each participating team before the Competition starts every day.

7.7 The T.O.C. shall provide 3 figured number patches (20 x 15 cm) to all participants.

7.8 Doctors or medical officers must be in attendance throughout Competitions.

7.9 The T.O.C. must ensure the security of all participants.

7.10 The T.O.C. shall be responsible for the board and accommodation of the ITF VIPs and Umpires during the Championship.

7.11 The T.O.C. shall transact all issues arising from the Championship in cooperation with the ITF Tournament Committee and Umpire Committee.

7.12 The T.O.C. will be responsible for the organization and conduct of the Championship toward the ITF.

SECTION 3 APPLICATION

Article 8

All ITF-affiliated members wishing to participate in the Championship shall submit their entry forms to the Organizing Committee by the set deadline.

Article 9

The competitors' entry forms must be signed by the authorized officials of their NGBs/teams.

Article 10

As for Any NGB that has not submitted its entry forms for their participants or wishing to alter or change their entry forms, the TOC may discuss their participation according to the following conditions;

10.1 The NGB that has not submitted its entry form by the deadline should pay a penalty of \$300 USD to the T.O.C.

10.2 Any NGB not submitting its entry forms at all until 3 days before the Championship shall pay a penalty of \$500 USD to the T.O.C.

10.3 Any NGB wishing to make any changes in their entry forms for a valid reason shall pay a penalty of \$150 USD to the T.O.C.

SECTION 4 QUALIFICATION

Article 11

The Competitors participating in the Championship must be ITF affiliated members and specified in the entry forms submitted by their Association/team. Any competitors not specified in their entry forms are not entitled to participate in the competition.

Article 12

Competitors participating in World or Continental or Regional Junior Taekwon-Do Championship must be 13 -17 years old on the starting day of the Championship & 17 on the last day. They must be 1st, 2nd, or 3rd degree ITF black belt certificate holders with a valid doctor's certificate.

Article 13

Competitors participating in the World or Continental or Regional Adult Taekwon-Do Championship must be 18 - 39 years old on the starting day of the Championship and must be 1st, 2nd, 3rd or 4th degree ITF black belt certificate holders with a valid doctor's certificate.

Article 14

Competitors participating in the World Veteran Taekwon-Do Championship must be 40 - 49 years old (Silver Class), 50-59 years old (Gold Class) and 60 years old and more (Platinum) on the starting day of the Championship and must be 1st, 2nd, 3rd, 4th, 5th or 6th degree black belt holders with a doctor's certificate.

Article 15

The degree and age of competitors must be valid on their degree certificates and passports. A doctor's certificate is obligatory.

Article 16

If any competitor is found to fail a dope test as a result of medical judgment, he/she is not allowed to participate in the Championship.

SECTION 5 DRESS CODE AND EQUIPMENT

Article 17. Dress Code

17.1 Juries and Umpires shall wear the umpire suits laid down in the ITF Umpire Rules (Navy blue coat & trousers, white shirt, navy blue neck tie, white track shoes and white socks).

17.2 Dress Code for T.O.C. members. The T.O.C. members should wear their uniforms set by the T.O.C.

17.3 Dress Code for Competitors;

17.3.1 Competitors shall wear official ITF- approved doboks.

• 4th, 5th & 6th degree holders are not allowed to wear black stripes on the dobok shirt or trousers during the competition.

17.3.2 The competitor's belt should be of the correct dimensions laid down in ITF Rules and indicate the degree of the competitor.

17.3.3 The number patches issued to competitors must be worn on the lower part of the back of the dobok shirt.

17.3.4 Competitors are allowed, when not performing, to wear other track suits, dressing gown, training shoes etc.

17.3.5 Competitors participating in opening and closing ceremonies are allowed to wear their ITF dobok or official outfits of their choice and the participants in the parade are not allowed to carry cameras, flags and banners etc.

Article 18 Equipment

18.1 Safety equipment and protective wear for the competitors participating in sparring;

18.1.1 Compulsory;

18.1.1.1 They must wear the safety equipment approved by ITF on their hands and feet.

18.1.1.2 They must wear mouth guards.

18.1.1.3 Male competitors must wear groin guards inside the dobok trousers.

18.1.1.4 Female competitors must wear breast protectors inside the dobok shirt.

18.1.2 Optional;

18.1.2.1 Junior and Veteran competitors may wear head guards approved by ITF.

18.1.2.2 Veteran competitors may wear rib and abdominal protectors inside the dobok.

18.1.2.3 Competitors may wear shin guards and forearm protectors inside the dobok.

18.1.2.4 Safety equipment and other protective wear must be of an approved type consisting of elastic sponge or rubber type padding.

18.2.0.0 Any other safety and protective equipment is not allowed to be worn except for the above-mentioned.

18.2.1 The equipment must not contain hard materials such as metal, bone and plastic.

18.2.2 The safety and protective equipment must not use zip, lace or stud fasteners.

18.2.3 No watches or other adornments are allowed.

18.2.4 Female competitors are not allowed to use grips or slides to keep their hair in place.

18.3 Injured competitors requiring bandaging or strapping of any kind must not make their opponents disadvantageous and obtain the approval of the medical officers before the competition.

18.4 Competitors participating in sparring must wear red or blue equipment to differentiate each other.

SECTION 6 INSURANCE AND MEDICAL ASSISTANCE

Article 19 Insurance

19.1 The T.O.C. must ensure that the competition venue must have all the necessary public liability insurance, fire certificates and Government licenses required for such events.

19.2 All Competitors must sign their entry forms and have insurance coverage for their participation in the Championship.

Article 20 Medical Assistance

20.1 Competitors injured during the competition shall receive the treatment of the medical teams provided by O.C.

20.2 The doctor, after the first-aid treatment should recommend to the Centre Referee regarding the further participation after an injury. Doctor's decision shall be final.

SECTION 7 COMPETITION VENUE AND FACILITIES

Competition Venue must be provided with full facilities and equipments. T.O.C. should arrange the special seats for VIPs.

Article 21

Lighting must not be lower than 5 metres above the ground for the competition.

Article 22 Ring

22.1 The Ring for sparring will be 9 by 9 meters of floor space in size and 1 m of safety border.

22.2 The Ring may be elevated. In this case there should be a 2 m-wide safety border on the 4 sides and the elevations may be 50 cm to 100 cm from the ground.

22.3 The Ring must be covered with competition marshallings of 2-5cm in thickness.

22.4 The Ring and the safety border surrounding the Ring must be covered with different coloured mats. In case of single colour, the line of 5 cm wide must be surrounded between the Ring and the safety border.

22.5 In the Ring there must be a patch of red mat and a patch of blue mat (1mx1m) indicating the red and blue corner with 1-metre distance between them. In case of single coloured mat covering, the red coloured line on the right and the blue coloured line on the left of 5cm- long and 5cm- wide must be drawn to mark the positions of the competitors with 2 metre distance between them.

Article 23

The head table of the Championship shall be at a place in front for commanding view and with broadcasting facilities.

Article 24

Tournament Umpire Committee shall be seated beside the head table.

Article 25

Umpires' waiting seats shall be placed behind the Tournament Umpire Committee.

Article 26

Medical officers shall be seated in proper place of the stadium with the Red Cross or Red Crescent mark on their desk to indicate the Doctor table.

Article 27

Juries shall be seated in front of each Ring.

Article 28 Seats for Umpires

28.1 The Centre referee for sparring competition controls matches in the Ring. For pattern and Self-defence Routine competition the centre referee shall be seated in the middle among 5 judges.

28.2 Umpires will be seated at the four corners of the Ring for sparring competition.

28.3 Umpires for pattern competition shall be seated in front of the Jury table.

Article 29

Recorder and timekeeper shall be seated on the right 50 cm away from the Jury table.

Article 30

Coaches for sparring shall be seated 1m away from the ring.

Article 31

The Competition arena must be provided with equipment for special technique and power breaking competitions, and visual display instruments.

SECTION 8 WEIGHT-CHECKS AND DRAW**Article 32 Weight-Check**

32.1 The Weight- check should be done for male and female respectively within 1 hour, not earlier than 72 hours and not later than 1 hour before competition, by the officials appointed by T.O.C. confirming the entry forms submitted by the associations /teams.

32.2 Competitors must present their degree certificates and passports for the weight check.

32.3 International standard scales must be used for the weight check.

32.4 Only competitors who pass their weight checks are allowed to participate in sparring competition.

32.5 Competitors that fail to meet a weight category are not allowed to participate in individual sparring.

Article 33 Order of Draw

33.1 Draws shall be made in the principle that the 1st, 2nd and 3rd placed competitors in previous Championship should not compete against each other. The top placed competitor with the highest accumulated points shall be arranged on the top of the competition table. The 2nd placed competitor shall be arranged on the bottom of the competition table. The next two 3rd placed competitors shall be placed in the middle of the competition table with one person upward and the other downward.

33.2 Officials appointed by the T.O.C. and representatives of participating teams will attend the draw. The Draw must be done publicly.

33.3 When participating teams or competitors are less than 2, then the draw will not be required.

33.4 Draws shall only contain the competitors specified in the entry forms submitted by his/her NGBs or teams.

33.5 Draw for Pattern

33.5.1 The order of individual events shall be drawn according to competitor's gender and degree and make competition table.

33.5.2 The order of team events shall be drawn according to gender and make competition table.

33.6 Draw for sparring

33.6.1 The order of individual events shall be drawn according to gender and weight and make competition table.

33.6.2 The order of team events shall be drawn according to gender and make competition table.

33.7 Draw for Self-Defence Groups shall be formed and their performance order shall be decided.

33.8 The order for Power Breaking and Special Technique. The order for competition running order will be decided by the Umpire Committee in consultation with the TOC.

SECTION 9 DELEGATES AND COACHES**Article 34 Delegates**

34.1 A delegate representing his/her country must be a person authorized by the National Governing Body.

34.2 A delegate registers the Competitors, submits the documents and cooperates with the other officials during the competition.

Article 35 Coaches

35.1 During the competition, the coach must wear a tracksuit and gymnastic shoes.

35.2 During Sparring (individual, team matches), the coach will be seated at least 1 meter away from the ring.

35.3 During the matches the coach must not act in such a manner that would disturb the competition.

SECTION 10 COMPETITION

Article 36 Events and order of match

36.1 The order of match for Junior Championship shall be Pattern, Sparring, Self-Defence Routine and Special Technique.

36.2 The order of match for Adult Championship shall be Pattern, Sparring, Self-defence Routine, Power and Special technique.

36.3 The order of match for Veteran Championship shall be Pattern, Sparring, Power Breaking and Self-defence Routine.

Article 37 Divisions

37.1 For Junior Championship

37.1.1 Individual event (male and female)

·Pattern; 1st, 2nd and 3rd degree ·Sparring: 7 weight divisions ·Special Technique

37.1.2. Team event (male and female)

·Pattern ·Sparring ·Special Technique ·Self-defence Routine

37.2 For Adult Championship

37.2.1 Individual (male and female)

·Pattern: 1st, 2nd, 3rd and 4th degree ·Sparring: 7 weight divisions ·Special Technique ·Power Breaking

37.2.2 Team (male and female)

·Pattern ·Sparring ·Special Technique ·Power Breaking ·Self-defence Routine

37.3 For Veteran Championship

37.3.1 Individual (male and female)

Divisions: Silver class (40-49 years old) Gold class (50-59 years old) Platinum class (60 years old and more)

·Pattern: 1st, 2nd, 3rd, 4th, 5th & 6th degree ·Sparring: 5 weight divisions (excluding Platinum class)

·Power Breaking (only for Silver and Gold classes)

37.3.2 Team (male and female)

Only one team from each country can enter irrespective of age.

·Pattern ·Sparring (excluding Platinum) ·Power Breaking (excluding Platinum) ·Self-Defence Routine

Article 38 Participation

Teams may not necessarily consist of competitors chosen out of individual competitors. Self Defence Routine members must be registered on the tournament application form.

38.1 Individual

38.1.1 In Junior and Adult Championships the number of competitors for individual event is restricted to **one (1) person per country per item.**

38.1.2 In Veteran Championship the number of competitors for sparring according to weight division is restricted to **3** persons.

38.1.3 Competitors participating in individual events are allowed to participate also in team event.

38.2 Team

38.2.1 A team shall consist in principle of 5 Competitors and 1 reserve of male and female respectively.

38.2.2 Veteran team shall consist of 3 male and female competitors and 1 reserve respectively.

38.2.3 Only one team from one country can participate and that team shall perform Pattern, Sparring, Special Technique, Power Breaking and Self-defence Routine.

Article 39 Announcements

39.1 An announcement will be made for each match with the name, number and country of the competitor.

39.2 The competitor is responsible to report to the Ring's Jury Table with his identification card.

39.3 If the competitor does not report to the Jury Table within 2 minutes after announcements, a third and final announcement will be made at an interval of half a minute. If the competitor still does not report to the Jury Table for the third time, then the competitor may be **disqualified.**

Article 40 EQUIPMENT CHECK

40.1 The Referee shall check to ensure that *doboks* and equipment etc. are of the officially approved types and are not defective.

40.2 If any item is found to be defective or sub-standard, it must be replaced. The Competitor has a maximum 2 **minutes** to do so.

40.3 If replacement is not done within 2 **minutes**, then that competitor may be **disqualified.**

Article 41 COURTESY

Competitors must at all time bow to the Ring officials and also to each other with command "Taekwon" at the beginning and end of each performance or match.

SECTION 11 OFFICIAL TERMINOLOGIES

• CHA RYOT	ATTENTION
• KYONG YAE	BOW
• JA YU T SO GI	FREE SPARRING
• JUN BI	READY
• SHI JAK	BEGIN
• HE CHYO	SEPARATE
• GESOK	CONTINUE

• GU MAN	END
• JU UI	WARNING
• GAM JOM	DEDUCTING POINTS
• SIL KYOK	DISQUALIFICATION
• HONG	RED
• CHONG	BLUE
• ILHE JON	1° ROUND
• YI HE JON	2° ROUND
• SAM HE JON	3 ROUND
• YON JANG JON	EXTENSION
• DUK JOM JON	GOLD POINT BOUT
• SUNG	WINNER
• JI JONG TUL	DESIGNATED PATTERN
• SON TAEK TUL	OPTIONAL PATTERN
• HO SIN KYONG GI	SELF-DEFENSE ROUTINE
• TUK GI	SPECIAL TECHNIQUE
• WI RYOK	POWER BREAKING
• GAE IN JON	INDIVIDUAL EVENT
• DAN CHE JON	TEAM EVENT

SECTION 12 AWARDS

Article 42 For Junior Championship

42.1 Individual

42.1.1	PATTERN (male) 3 gold – 3 silver – 6 bronze	PATTERN (female) 3 gold – 3 silver – 6 bronze
42.1.2	SPARRING (male) 7 gold – 7 silver – 14 bronze	SPARRING (female) 7 gold – 7 silver – 14 bronze
42.1.3	SPECIAL TECHNIQUE (male) 1 gold – 1 silver – 1 bronze	SPECIAL TECHNIQUE (female) 1 gold – 1 silver – 1 bronze
42.1.4	OVERALL CHAMPION (male) 1 trophy	OVERALL CHAMPION (female) 1 trophy

42.2 Team

42.2.1	PATTERN (male) 6 gold – 6 silver – 12 bronze	PATTERN (female) 6 gold – 6 silver – 12 bronze
42.2.2	SPARRING (male) 6 gold – 6 silver – 12 bronze	SPARRING (female) 6 gold – 6 silver – 12 bronze
42.2.3	SELF-DEFENSE ROUTINE (male) 4 gold – 4 silver – 4 bronze	SELF-DEFENSE ROUTINE (female) 3 gold – 3 silver – 3 bronze
42.2.4	SPECIAL TECHNIQUE (male) 6 gold- 6 silver- 6 bronze	SPECIAL TECHNIQUE (female) 6 gold - 6 silver- 6 bronze
42.2.5	OVERALL CHAMPION (male) 1 trophy	OVERALL CHAMPION (female) 1 trophy
42.3	OVERALL CHAMPION OF COUNTRIES (1st place) 1 trophy	
	OVERALL CHAMPION OF COUNTRIES (2nd place) 1 trophy	
	OVERALL CHAMPION OF COUNTRIES (3rd place) 1 trophy	

Article 43 for Adult Championship

43.1 Individual

43.1.1	PATTERN (male) 4 gold – 4 silver – 8 bronze	PATTERN (female) 4 gold – 4 silver – 8 bronze
43.1.2	SPARRING (male) 7 gold – 7 silver – 14 bronze	SPARRING (female) 7 gold – 7 silver – 14 bronze
43.1.3	POWER (male) 1 gold – 1 silver – 1 bronze	POWER (female) 1 gold – 1 silver – 1 bronze
43.1.4	SPECIAL TECHNIQUE (male) 1 gold – 1 silver – 1 bronze	SPECIAL TECHNIQUE (female) 1 gold – 1 silver – 1 bronze
43.1.5	OVERALL CHAMPION (male) 1 trophy	OVERALL CHAMPION (female) 1 trophy

43.2 Team

43.2.1	PATTERN (male) 6 gold – 6 silver – 12 bronze	PATTERN (female) 6 gold – 6 silver – 12 bronze
43.2.2	SPARRING (male) 6 gold – 6 silver – 12 bronze	SPARRING (female) 6 gold – 6 silver – 12 bronze
44.2.3	SELF-DEFENSE ROUTINE (male) 4 gold – 4 silver – 4 bronze	SELF-DEFENSE ROUTINE (female) 3 gold – 3 silver – 3 bronze
43.2.4	POWER (male) 6 gold – 6 silver – 6 bronze	POWER (female) 6 gold – 6 silver – 6 bronze
43.2.5	SPECIAL TECHNIQUE (male) 6 gold- 6 silver- 6 bronze	SPECIAL TECHNIQUE (female) 6 gold - 6 silver- 6 bronze
43.2.6	OVERALL CHAMPION (male) 1 trophy	OVERALL CHAMPION (female) 1 trophy
43.3	OVERALL CHAMPION OF COUNTRIES (1st place) 1 trophy	
	OVERALL CHAMPION OF COUNTRIES (2nd place) 1 trophy	
	OVERALL CHAMPION OF COUNTRIES (3rd place) 1 trophy	

Article 44 For Veteran Championship

44.1 Individual

44.1.1	PATTERN (male) 18 gold – 18 silver – 36 bronze	PATTERN (female) 18 gold – 18 silver – 36 bronze
44.1.2	SPARRING (male) 10 gold – 10 silver – 20 bronze	SPARRING (female) 10 gold – 10 silver – 20 bronze
44.1.3	POWER (male) 2 gold – 2 silver – 2 bronze	POWER (female) 2 gold – 2 silver – 2 bronze

- 44.1.4 HIGHEST TECHNICAL AWARD (male) 2 trophy (excluding Platinum)
HIGHEST TECHNICAL AWARD (female) 2 trophies (excluding Platinum)
- 44.1.5 MOST HONOURABLE AWARD (male) 1 trophy MOST HONOURABLE AWARD (female) 1 trophy

44.2 Team

- 44.2.1 PATTERN (male) 4 gold – 4 silver – 8 bronze PATTERN (female) 4 gold –4 silver – 8 bronze
- 44.2.2 SPARRING (male) 4 gold – 4 silver –8 bronze SPARRING (female) 4 gold –4 silver – 8 bronze
- 44.2.3 SELF-DEFENSE ROUTINE (male) 4 gold – 4 silver – 4 bronze
SELF-DEFENSE ROUTINE (female) 3 gold – 3 silver – 3 bronze
- 44.2.4 POWER (male) 4 gold – 4 silver – 4 bronze POWER (female) 4 gold – 4 silver –4 bronze
- 44.2.5 OVERALL CHAMPION (male) 1 trophy OVERALL CHAMPION (female) 1 trophy
- 44.3 OVERALL CHAMPION OF COUNTRIES (1st place) 1 trophy
OVERALL CHAMPION OF COUNTRIES (2nd place) 1 trophy
OVERALL CHAMPION OF COUNTRIES (3rd place) 1 trophy

Article 45 Highest Technical Award, Overall Team Champion Award and Most Honourable Award

The competition of less than 3 competitors or teams shall not count for Highest Technical Award or Overall Team Champion

45.1 Highest technical award

- 45.1.1 Trophies will be given to the competitors with most gold medal counts awarded in individual competition.
- 45.1.2 When the number of gold medals is even, silver and bronze medals will be counted.
- 45.1.3 In case the number of gold, silver and bronze medals is the same, the gold, silver and bronze medals for Pattern, Sparring, Special Technique, Power Breaking and Self-defence Routine will be counted.

45.2 Overall Team Champion. The medals gained from each item are counted as one gold medal only. The trophy shall be awarded in the same principle as in the Highest Technical Award.

45.3 Most Honourable Award Trophies will be given to the oldest male and female competitors among those participating in the Veteran Championship.

Article 46 Overall Winning Country

46.1 Trophies will be awarded to the country with the most gold medal counts gained in individual and team events. (Medals from one item in team event will count as one only)

46.2 If the number of gold medal being the same, then the silver and bronze medals will be counted, by which trophies will be awarded.

46.3 In case of the number of gold, silver and bronze medals being the same, the gold medals will be counted for Pattern, Sparring, special Technique, Power and Self-Defence and, if it is still the same, silver and bronze medals will be counted.

SECTION 13 PATTERN

Article 47

The Pyramid system of Elimination will be used. No extra bouts for classification take place. However the competitors are classified as follows: The two (2) competitors defeated in the semi-finals are both classified in the third (3rd) place and are both awarded a bronze medal. Therefore, there is no fourth (4th) place. The four (4) competitors defeated in the quarter-finals are all four classified in the fifth (5th) place. Therefore, there are no sixth (6th), seventh (7th) or eighth (8th) places. The same stands for all rounds taken before the quarter-finals.

Article 48 Point Award

48.1 Individual

48.1.1 Estimating Contents are: Technical Content, Power, Balance, Breath Control, and Rhythm.

48.1.2 Scoring Criteria	Technical content	10 points maximum
	Power	6 points maximum
	Balance	6 points maximum
	Breath control	6 points maximum
	Rhythm	6 points maximum

48.1.3 Deduction of points

When not performing correctly;	Technical Content	1 point
	Power	1 point
	Balance	1 point
	Breath control	1 point
	Rhythm	1 point

48.1.4 Method Points shall be deducted for every item from the top 34 points.

48.2 Team

48.2.1 Estimating Contents Presentation, Teamwork & Choreography, Technical content, Power, Balance, Breath control, and Rhythm.

8.2.2. Scoring Criteria	Team work & choreography	10 points maximum
	Technical content	10 points maximum
	Power	6 points maximum
	Balance	6 points maximum
	Breath control	6 points maximum
	Rhythm	6 points maximum

48.2.3 Deduction of points when not performing the above-mentioned contents,

Team work	1 point
Technical Content	1 point
Power	1 point
Balance	1 point
Breath Control	1 point
Rhythm	1 point

48.2.4 Method Points shall be deducted as in the individual event.

Article 49 Individual Pattern

Competition shall be done by 2 competitors at the same time according to their degree.

49.1 Competitors shall perform one optional pattern according to their degree and one designated pattern (excluding the optional Pattern) selected by the Jury.

49.1.1 *1st degree* Optional: KWANG-GAE to GAE-BAEK, Designated: CHON-JI to GAE-BAEK.

49.1.2 *2nd degree* Optional: EUJ-AM to JU-CHE Designated: CHON-JI to JU-CHE.

49.1.3 *3rd degree* Optional: SAM-IL to CHOI-YONG Designated: CHON-JI to CHOI-YONG

49.1.4 *4th degree* Optional: YON-GAE to MOON-MOO Designated: CHON-JI to MOON-MOO

49.1.5 *5th degree* Optional: SE JONG or SO SAN Designated: CHON-JI to SO-SAN

49.1.6 *6th degree* Optional: TONG IL Designated: CHON-Ji to SO-SAN

49.2.0 Deciding the winner. Jury President will display the winner in accordance with 5 judges' flag signal after papers are checked.

49.2.1 When 3 or more Corner Referees give a decision in favour of one Competitor, then that Competitor is the winner.

49.2.2 When 2 Corner Referees give a decision in favour of one Competitor, 1 for the other and 2 for a draw, the Competitor who receives the 2 favoured decisions is the winner.

49.2.3 When 3 or more Corner Referees say that it is a draw, it is a tied competition.

49.2.4 When 2 Corner Referees give a decision in favour of one Competitor, 2 for the other and 1 Corner Referees give a draw, it is a tied competition.

49.2.5. When the competition is tied, an extra performance of a pattern designated by the Jury President will be repeated until the winner is decided.

Article 50 Team

50.1 Teams will perform one optional pattern and one designated pattern (excluding optional pattern) selected by the Jury President in any format.

50.2 Optional patterns and designated patterns in team events for Junior, Adult and Veteran Championships

50.2.1 for Junior Optional; KWANG-GAE to CHOI-YONG Designated; CHON-JI to GAE-BAEK

50.2.2 for Adult Optional; KWANG-GAE to MOON-MOO Designated; CHON-JI to GAE-BAEK

51.2.3 for Veteran Optional; KWANG-GAE to TONG-IL Designated; CHON-JI to GAE-BAEK

50.3 Teams will perform alternately. *Each team will perform the same designated pattern

50.4 Deciding the winner is the same as in individual pattern.

Article 51 Officials

• 1 Jury President	• 2 Jury Members	• 5 Referees	• 1 Recorder
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SECTION 14 SPARRING

Article 52

Pyramid system of elimination will be used. No extra bouts for classification take place. However the competitors are classified as follows:

The two (2) competitors defeated in the semi-finals are both classified in the third (3rd) place and are both awarded a bronze medal. Therefore, there is no fourth (4th) place. The four (4) competitors defeated in the quarter-finals are all four classified in the fifth (5th) place. Therefore, there are no sixth (6th), seventh (7th) or eighth (8th) places. The same stands for all rounds taken before the quarter-finals.

Article 53 Attacking Tools

53.1 Hand parts - fore fist, back fist, side fist, knife hand and reverse knife hand

53.2 Foot parts - front sole, foot sword, back heel, and instep.

Article 54 Target Area

54.1 Face and neck area at the front and sides (excluding the back)

54.2 Front area of trunk of the body from a line drawn from the armpit vertically down to the waist on each side (*Excluding the back*).

When the arm is in touching contact with the body from the elbow to the fingers this is regarded as part of the body.

Article 55 Criteria for Point Award

All attacks will be valid only when they are stopped 2 cm away from the target.

55.1 **One (1) point** will be awarded for:

- Hand attack directed to mid or high section.
- Foot attack directed to mid section.
- Hand attack flying directed to mid section
- Perfect defence

55.2 **Two (2) points** will be awarded for:

- Foot attack directed to high section.
- Hand attack while in the air (both feet must be off the ground) directed to the high section.

- *Foot attack flying directed to mid section*

55.3 **Three (3) points** will be awarded for:

- *Jumping or flying kick directed to high section.*
- *Jumping or flying 180o spinning kick to mid section.*

55.4 **Four (4) points** will be awarded for:

- *Jumping 180o spinning kick directed to high section*
- *Jumping 360o (Or more) spinning kick to mid section.*

55.5 **Five (5) points** will be awarded for:

- *Jumping 360o (Or more) spinning kick to high section.*

When flying 2 or 3 hand and foot attacks are counted as points, those points shall be awarded for every technique.

Article 56 Fouls

56.1 Warnings

56.1.1 for the following offences;

- Attack to an illegal target or with illegal technique
- Stepping completely out of the ring (both feet)
- Any part of the body, other than the feet, touching the ground
- Holding or grabbing
- Pushing
- Pretending to be injured
- Intentionally avoiding sparring
- A combination attack of more than 2 successive punches
- Repeatedly pretending to have scored by raising the arm
- Paying no attention to the instructions of the Centre referee
- Turning the back intentionally to avoid combat
- Unnecessary speaking during competition

56.1.2. One (1) point will be deducted from the final score for each set of 3 warnings.

56.1.3 No disqualification will result from 3 points deducted for amassing warnings.

56.2. Deduction of Points (Yellow Cards)

56.2.1 for the following offences

- *Insulting an opponent in any way
- *Biting-scratching-clawing
- *Attacking a fallen opponent or an unready opponent when a referee has stopped the match
- *Contact
- *Attacking with the forehead

56.2.2 In the case of point deduction the Centre Referee will raise a yellow card to indicate one point is deducted.

56.2.3 Yellow cards are carried into extra time & golden point during matches only as yellow cards - but not as “minus points”.

56.3 Disqualification (Red Card)

56.3.1 for the following offences;

- * Misconduct against umpires.
- * Ignoring the centre referee’s instructions.
- * Withdrawal from a bout by the opponent as a result of contact or another yellow card offence.
- * Any competitor suspected of being under influence of alcoholic beverage or drugs.
- * 3 yellow cards in the same match.

56.3.2 When a competitor is shown a yellow card 3 times in one bout, the Centre Referee will raise a red card to declare a disqualification.

Article 57 Individual

57.1 Weight Division

57.1.1 for Junior Championship. Only one competitor can enter one weight division in one team.

57.1.1.1 Male -45kg -51kg -57kg -63kg -69kg -75kg +75kg

57.1.1.2 Female -40kg -46kg -52kg -58kg -64kg -70kg +70kg

57.1.2 for Adult Championship. Only one competitor can enter one weight division in one team

57.1.2.1 Male -50kg -57kg -64kg -71kg -78kg -85kg +85kg

57.1.2.2 Female -45kg -51kg -57kg -63kg -69kg -75kg +75kg

57.1.3 for Veteran Championship

Division: Silver Class (40-49 years old), Gold Class (50 years old +) Up to 3 competitors can enter each weight division.

57.1.3.1 Male -64kg -73kg -80kg -90kg +90kg

57.1.3.2 Female -54kg -61kg -68kg -75kg +75kg

57.2 Duration of bout

57.2.1. For Junior and Adult it will be 2 rounds of 2 minutes in elimination and 3 rounds of 2 minutes in final.

57.2.2 For Veteran each bout will consist of 1 round of 2 minutes in elimination and of 2 rounds of 1.5 minutes in final competition.

57.2.3 One-minute break shall be given between rounds during matches of two rounds or more.

57.3 Deciding the winner. The Jury President will declare a winner according to the points scored from all the corner referees.

57.3.1 When 3 or more corner referees give a decision in favour of one Competitor, then that Competitor is the winner.

57.3.2 When 2 Corner Referees give a decision in favour of one Competitor, 1 Corner Referee for the other and 1 for a draw, the Competitor who receives the 2 favoured decisions is the winner.

- 57.3.3 When 2 Corner Referees give a decision in favour of one Competitor and 2 Corner Referees give a draw, the Competitor who receives the 2 favoured decisions is the winner.
- 57.3.4 When 3 or more Corner Referees say that it is a draw, then it is the tied competition.
- 57.3.5 When 2 Corner Referees give a decision in favour of one competitor and 2 Corner Referees for other competitor, then that competition is a draw.
- 57.3.6 When 1 corner referee give a decision in favour of one competitor, 2 Corner Referees for a draw and 1 for other competitor, then that competition is a draw,
- 57.3.7. When the competition is tied, 1- minute extension will follow. If this results in a further draw, the competition for the gold points will take place. The competitor with the first scored points shall be the winner with disregard to timing and the competitor with 3 warnings or 1 yellow card without any scored points is the loser.

Article 58 Team Matches

- 58.1 A team will be formed with disregard to competitors' degrees and weight.
- 58.2 Draw will decide which team is the first to show, after which competition will take place alternately.
- 58.3 Duration of a bout
- 58.3.1 It will be 1 round of 2 minutes in elimination and 1 round of 2 minutes in final for Junior and Adult Championships.
- 58.3.2 It will be 1 round of 1.5 minutes in elimination and 1 round of 1.5 minutes in final for Veteran Championship.
- 58.4. Deciding the winner
- 58.4.1 For the matches of individual competitors it will be same as in individual matches (Except for tied match)
- 58.4.2 The team with the highest points by adding all points from all 5 (Or 3) bouts is the winner (2points for a win, 1point for a draw). When one team has scored 6 points, then that team is the winner without any of the 5 further bouts being completed.
- 58.4.3 When all 5 bouts are finished and the result is a draw, then each Coach will select a Competitor to spar an extra bout. The Team whose Competitor wins this bout will be the winner.
- 58.4.4 When extra bout results in a further draw, time extension and bout for golden points shall take place to decide the winner as in individual matches.
- 58.4.5.1 When any competitors of one team cannot enter the match, 2 points will be given to the team with all competitors participating.
- 58.4.5.2 When any competitors of each team cannot enter the match respectively, 1point will be given for one competitor.

Article 59 Injury

- 59.1 When a competitor is injured during the match, the Centre Referee must stop the match and call the Doctor. The Doctor must recommend to the Referee about the match continuation after the treatment of wounds. The Doctor's decision will be final.
- 59.2 Deciding the winner when the match cannot continue due to injury
- 59.2.1 When the opponent's strike is judged as foul, then the injured competitor will be the winner
- 59.2.2 When injury is judged as a result of competitor's carelessness, then that competitor will be the loser.
- 59.2.3 If two Competitors injure themselves at the same time and if both are found to be unfit to continue, the winner is the Competitor who has more scored points till that moment of stopping the match. If the Competitors are even, the Jury President will decide the winner after consultation with the Ring Council & Referees.
- 59.2.4 Until the decision for injured competitor has been made, the match cannot go on to the next round.
- 59.2.5 The competitor not accepting the doctor's decision shall be disqualified.

Article 60 Officials

• 1 Jury President	• 1-2 Jury Members	• 1 Centre Referee	• 4 Corner Referees
• 1 Timekeeper	• 1 Recorder		

SECTION 15 SPECIAL TECHNIQUE

Article 61 Divisions (Male)

- (a) *Twimyo nopi apcha busigi*
- (b) *Twimyo dollyo chagi*
- (c) *Twimyo bandae dollyo chagi*
- (d) *Twimyo 360 dwit chagi*
- (e) *Twimyo nomo chagi*

Article 62 Divisions (Female)

- (a) *Twimyo nopi apchabusigi*
- (b) *Twimyo dollyo chagi*
- (c) *Twimyo bandae dollyo chagi*
- (d) *Twimyo 360 dwit chagi*
- (e) *Twimyo nomo chagi*

Article 63 Board

- 64.1 Size; 30x30x1.5 cm
- 64.2 Referee must examine each board before each attempt and once a wooden board is used, it cannot be used again.

Article 64 Scoring Criteria

- 64.1 Each fully broken board will score 3 points per board.

64.2 When a competitor has cracked a board one (1) point will be scored for each cracked or bent board.
 64.3 When a competitor has not adopted correct posture and balance or not broken with the correct attacking tools and when the competitor has touched the hurdle fallen during his flying over kick, he/she is judged as scoring nil.

Article 65 Individual Match

65.1 Mode of Competition
 65.1.1 Male and female can enter 5 items respectively.
 65.1.2 Each competitor will have **1 attempt**, only with **1 pre-judging** of distance allowed without touching the target. The competitor will be given 30 seconds to break. (Ready posture+prejudging+ ready posture+ breaking+ ready posture).
 65.2 Deciding the winner
 65.2.1 The running order of competition will be decided after agreement between the Umpire Committee & TOC. A random eliminator may be used for qualifying purposes.
 65.2.2 The same method will be applied in every item and the points for relevant items will be awarded to each competitor.
 65.2.3 The competitor with the most points by adding all points gained for all items will be the 1st- placed, next 2nd, 3rd, etc. until all places in order are recorded.
 65.2.4 If the same placed competitors are two or more in medal placing only, an extra attempt by draw will be followed until the winner is decided.

Article 66 Team

66.1 Mode of Competition
 66.1.1 A team will consist of 5 males and females respectively and one competitor from a team can enter one item each only.
 66.1.2 The mode of competition for all items is the same as in individual.
 66.2 Point awards for all items shall be same as in individual match.
 66.3 Deciding the winner
 66.3.1 After the attempts of a team for all items, the points gained by each competitor will be added and the 1st, 2nd and 3rd places will be decided with the same method as in individual. All other placing will also be recorded.
 66.3.2 In the event of tie, the same method as in individual will be applied.

Article 67 Officials

• 1 Jury President	• 1-2 Jury Members	• 5 Referees
• 1 Timekeeper	• 1 Recorder	

SECTION 16 POWER BREAKING

Article 69 Male Divisions

68.1 For Adult;
 (a) Ap Joomuk Jirugi
 (b) *Sonkal Taerigi*
 (c) *Yopcha Jirugi*
 (d) *Dollyo Chagi*
 (e) *Bandae Dollyo Chagi*

68.2 for Veteran;
 (a) *Sonkal Taerigi*
 (b) *Yopcha Jirugi*
 (c) *Dolmyo Chagi (180 Dwit Chagi)*

Article 69 Female Divisions

69.1 For Adult;
 (a) *Sonkal Taerigi*
 (b) *Ap palkup taerigi*
 (c) *Yopcha Jirugi*
 (d) *Dollyo Chagi*
 (e) *Dolmyo Chagi (180 Dwit Chagi)*

69.2 for Veteran:
 (a) *Sonkal Taerigi*
 (b) *Yopcha Jirugi*
 (c) *Dolmyo Chagi (180 Dwit Chagi)*

Article 70 Boards

70.1 Size; Boards must be a minimum 28cm x 28cm x 2cm up to 30cm x 30cm x 2 cm, made from wood or plastic materials.
 70.2 Referee must examine each board before each attempt and attempted wooden boards cannot be used again.
 70.3 The centre of the target must be set at the solar plexus level of the competitor making each attempt.

Article 71 Scoring Criteria

71.1 Each broken/fully separated board will count as **3 points**
 71.2 Each bent/cracked board will count as **1 point**.
 71.3 When the board keeps its state even by striking or kick, then the result is **0 Points**.
 71.4 When the competitor has not adopted his correct posture and balance and has not used the correct attack tools in spite of a board being broken, then the result is **0 points**.

Article 72 Individual

72.1 Mode of Competition
 72.1.1 Male and female can enter 5 items respectively.

72.1.2 The competitor will adopt a **ready posture** in the form of either an L-stance forearm guarding posture or a sitting ready stance posture. On command from the Referee the competitor will be allowed to make **1 prejudging**, returns to **ready posture**, then attempt to break in one continuous movement, and returns to the **ready posture** upon completion of the attempt. Upon the command signal, the competitor has **30 seconds** to complete that item (*ready posture + prejudging + ready posture + break + ready posture*).

72.1.3 One step sliding or skipping with no jump is allowed, which means that one foot should keep contact on the floor at the moment of strike or kick.

72.1.4 Knife hand strike may be inwards or outwards.

72.2 Deciding the winners

72.2.1 The running order of competition will be decided after agreement between the Umpire Committee & TOC. A random eliminator may be used for qualifying purposes.

72.2.2 The same method will be applied in every item and the points for relevant items will be awarded to each competitor.

72.2.3 The competitor with the most points by adding all points gained for all items will be the 1st- placed, next 2nd, 3rd, etc. until all places in order are recorded.

72.2.4 If the same placed competitors are two or more in medal placing only, an extra attempt by draw will be followed until the winner is decided.

Article 73 Team Events

73.1 Mode of Competition

73.1.1 Only one competitor from each team can enter each item.

73.1.2 Mode of competition for all items is the same as in individual.

73.2 Point awards for items will be the same as in individual power.

73.3 Deciding the winner

73.3.1 After the competition for all items all the points gained by each competitor of a team will be added together and the 1st, 2nd and 3rd places will be decided as in the individual competition. All other placing will also be recorded.

73.3.2 In the case of 2 teams or more in the same medal placing, the winner will be decided as in individual power.

Article 74 Officials

• 1 Jury President	• 1-2 Jury Members	• 5 Referees
• 1 Timekeeper	• 1 Recorder	

SECTION 17 SELF-DEFENSE ROUTINE

Article 75 Qualifying systems of accumulated points will be used.

75.1 In the case of more than 8 participating teams, they shall be divided into 4 groups.

75.2 Elimination and final competitions will take place.

75.3 In the case of less than 8 participating teams the winners will be decided in elimination.

In either case all placing up to 8th place will be recorded according to the points awarded to each team.

Article 76 Divisions

76.1 Male

One male vs. 3 males

76.2 Female

One female vs. 2 persons (male or female)

76.3 "Hero" must be a competitor of relevant degree. Others may be any competitors.

Article 77

The "Hero" of the performance will wear the official ITF *dobok*, while the "attackers" will wear other clothes appropriate to their roles. The "attackers" are not allowed to wear the uniforms of other martial arts systems.

Article 78 Duration

78.1 For Junior and Adult Championships male competitors within minimum 40 Seconds and maximum 60 seconds.

78.2 For Junior and Adult Championships female competitors within minimum 30 seconds and maximum 50 seconds

78.3 Veteran male and female competitors within minimum 30 seconds and maximum 50 seconds

Article 79 Performance Procedure

79.1 The "Hero" will bow to Jury President and make his ready posture (forearm guarding), when the gong will sound and time will start.

79.2 When the "Hero" finishes his last performance and adopts his ready posture, the gong will sound and time will stop. With the command signal from the "Hero", the competitors in a line will bow to the Jury table and leave the ring.

Article 80 Compulsory techniques to be performed in Self-Defence Routine

Minimum 1 flying foot technique with a single kick.

Minimum 1 flying foot technique with a double or triple kick.

Minimum 1 flying two direction kick.

Minimum 2 dodging techniques.

Minimum 1 releasing technique from grasps or holds.

Minimum 1 defence technique against a weapon (knife, toy gun, chair, etc.).

85.5 Team or Individuals not accepting the decision made by the Tournament Adjudication Committee may result in having the whole team or individual disqualified from all further events of the Championship.

Article 86 In case of withdrawal of competitors or team from individual or team matches as a means of protest

86.1 They will be automatically disqualified from that event.

86.2 They will be automatically disqualified from all further events of that championship.